



Act II

After School Program Winter Semester January 4 - March 12, 2010

Registration:

- Full payment is due at the time of registration
- Class size limits will be strictly enforced

Monday (8 classes)

Sensory Fun: Children will have a blast using things such as play dough, oobleck, paint, shaving cream and other textures to create sensory art experiences and loads of fun memories.

Participants: 3-4 year olds
Instructor: Sashi Siegel

2:00 - 3:00
Cost: \$160

Jewelry Making with Lani: If your child loves to read Fancy Nancy and Pinkalicious then they will love making their very own jewelry. We will be using different and interesting materials to create jewelry such as bracelets and headbands! Patterns, sequences, and fine motor skills will be a main focus in the exciting new club.

Participants: 3-4 year olds
Instructor: Lani Krausz

2:00 - 3:00
Cost: \$180 (includes materials)

Science Outside the Box: Explore the natural world through experiments and beyond the classroom curriculum.

Participants: older 3s - 4 year olds
Instructor: Zandra Kucine

2:00-3:00
Cost: \$185

Kitchen Chemistry: Extra-curriculum fun with foods and common kitchen chemicals to see how they interact or combine and affect our food, including experiments with solutions and mixtures resulting in simple cooking applications.

Participants: K - 3
Instructor: Zandra Kucine

3:45 - 4:45
Cost: \$185

Karate: Students will learn martial arts from Sifu Eddie Kelen, a 3rd degree black belt. Preregistration is required, as is uniform purchase. See separate registration form.

Participants: 4 year olds
Participants: Kindergarten - Grade 3
Instructor: Sensi Eddie Kelen

2:00-3:00
3:45-4:45
Cost: *see separate registration form

Ballet: Learn the skill, grace and posture of ballet. This intro to ballet will last a lifetime and help develop fine motor skills.

Participants: 3-4 year olds
Instructor: Kids Fitness NYC

2:00 - 3:00
Cost: \$240

Hip Hop: Hip Hop don't stop till the break of dawn. Learn the basics steps to Hip Hop, from beginners to advanced, your dancing skills are sure to improve, while getting a terrific work out.

Participants: K - 3
Instructor: Kids Fitness NYC

3:45 - 4:45
Cost: \$240

So You Want to Be A Rock Star: Learn to play guitar with an accomplished award winning musician and producer Rick Reil. This class is for beginners. Children will learn fingering, playing techniques and the basics of reading sheet music in a fun, relaxed atmosphere. All students are required to have their own acoustic guitar.

Participants: Grades 1-5
Instructor: Rick Reil

4:00 - 5:00
Cost: \$240

Tuesday (9 classes *Team Sports/Hebrew H&R only 10 classes)

Arts & Crafts: Children will create fun and exciting projects using various forms of art media including: painting, collages, clay, beading, tie-dye, etc. Their unique artistic abilities will shine through and amaze you.

Participants: 3-4 year olds
Instructor: Vanessa Woislavsky

2:00 - 3:00
Cost: \$225 (includes materials)

Hip Hop: Let's boogie with Stephanie as children dance to wonderful aerobic fun for preschoolers!

Participants: 3 – 4 year olds

2:00-3:00

Instructor: Stephanie Levy

Cost: \$180

Skill-Building Fun: Students will focus on math and literacy concepts and review them through fun games and activities. An extra boost of concepts and skills mixed with lots of fun!

Participants: 3-4 year olds

2:00 - 3:00

Instructor: Sashi Siegel

Cost: \$180

Puppeteers: A brand new exciting club for children who are interested in creating their own puppets to act out familiar Nursery Rhymes, books, and even create their own story with characters. Using different kinds of puppets such as finger-puppets, paper-bag puppets, and stick puppets, the children will work on their story telling skills, fine motor skills and gain more confidence in a class that requires their participation as a performer.

Participants: 3-4 year olds

2:00 - 3:00

Instructor: Celia Ezon

Cost: \$180

Team Sports: Children will challenge and enhance their athletic abilities, physical fitness, and coordination through games and sports.

Participants: Kindergarten – Grade 3

3:45-4:45

Instructor: Donny Wechsler

Cost: \$200

Hebrew Homework & Remedial: Take advantage of the extra time to work on your Hebrew homework and projects. Brush up with your Hebrew skills in this small tutorial form.

Participants: Grades 1-3

3:45 - 4:45

Instructor: Nurit Rosenblat

Cost: \$200

Music Percussion Program: The Percussion program is a comprehensive music program in which students are culturally exposed to various musical styles and genres to increase their knowledge of music and guide them in their music-making experiences.

Participants: K-5

3:45 - 4:45

Instructor: Deveor Rainey

Cost: \$270

Wednesday (10 classes)

Cooking: Children will experience the joy of cooking in this hands-on course. Following directions, mathematical concepts, and literacy skills will be interwoven into this fun-filled hour.

Participants: 3 – 4 year olds

2:00-3:00

Instructor: Arielle Shatkin

Cost: \$245 (includes materials)

Books on Tape: Listen to "read aloud" books on tape and make them come alive through various activities such as acting, changing the outcome, drawing and creating new characters.

Participants: 3-4 year olds

2:00 - 3:00

Instructor: Alison Friedson

Cost: \$200

Hebrew Club: Children will engage in various fun games and activities to become more familiar and comfortable with basic Hebrew words, concepts and phrases.

Participants: 3-4 year olds

2:00 - 3:00

Instructor: Sashi Siegel

Cost: \$200

Dance & Movement: Children will develop their coordination, core strength, balance, and self-confidence through dance and and creative movement. Activities include learning dance combinations, basic children's yoga, improvisation, games, obstacle courses, and more! This class is geared towards both boys and girls. It's great for those who want to strengthen motor skills while having fun.

Participants: 3-4 year olds

2:00 - 3:00

Instructor: Marcy Kellerman

Cost: \$200

Cooking: Children will experience the joy of cooking in this hands-on course. Following directions, mathematical concepts, and literacy skills will be interwoven into this fun-filled hour.

Participants: K - 3

3:45 - 4:45

Instructor: Rachel Sydney

Cost: \$245 (includes materials)

Theatre Class: A fun and educational class for kids with a dash of Shakespeare thrown in. Kids will learn by performing through improv and scene work. Students will learn basic tools that they can apply to public speaking and interviewing while also improving their articulation and confidence -necessary life skills for children in a complex world.

Participants: Grades 1-5

4:00 - 5:00

Instructor: Madeline Austin

Cost: \$370

Thursday (10 classes)

HOLA! Espanol: Introduction to the Spanish language. Colors, numbers, fruits, vegetables and phrases, etc. will be touched on. The children will learn or enhance their knowledge of Spanish. Stories will be read in Spanish and various Spanish speaking countries will be introduced.

Participants: 3 – 4 year olds
Instructor: Stephanie Levy
2:00-3:00
Cost: \$200

British Soccer: Indoor soccer program at Park East learning the fundamentals and developing skills. (14 students)

Participants: Older 3s – 4 year olds
Instructor: Jason Shela
2:00 - 3:00
Cost: \$300

Puppets and Plays: Children will create different puppets and write and act out our own plays to go along with the puppets. Art, literacy and creativity will be mixed with laughter and socialization!

Participants: 3-4 year olds
Instructor: Sashi Siegel
2:00 - 3:00
Cost: \$200

Games: Children will develop social skills through playing games such as Chutes and Ladders, Scrabble, and matching. They will learn turn taking and sharing and also develop logic and strategic thinking skills.

Participants: 3-4 year olds
Instructor: Felice Lindenbaum
2:00 - 3:00
Cost: \$200

English Homework & Remedial: Take advantage of this hour to get help in your English studies homework and class projects. Brush up with your English skills in this small tutorial form.

Participants: Grades 1-3
Instructor: Jenny Fisch
3:45 - 4:45
Cost: \$200

Art Discovery: Drawing, painting, or sculpture introduces students to line, color, and volume. Let your child discover the joy of creative expression working on exciting 2 or 3-D projects using traditional and innovative materials.

Participants: Grades 3-5
Instructor: Marilyn Davidson
4:00 - 5:00
Cost: \$200

Friday (9 classes)

British Soccer: Indoor soccer program at Park East learning the fundamentals and developing skills. (14 students)

Participants: Older 3s – 4 year olds
Instructor: Jason Shela
1:30 - 2:30
Cost: \$270

Computers: Educational software in all areas. Emphasis is placed on science, math, language arts, and thinking skills. (15 students)

Participants: Kindergarten – Grades 5
Instructor: Jaffa Nishli
1:30-2:30
Cost: \$180

Chess: Chess instruction under the guidance of a tournament player. Strategies and thinking skills are stressed. (10 students)

Participants: Students in Grades K – 5
Instructor: Christopher William
1:30-2:30
Cost: \$180

City View Tennis Program: The Tiny Tots program is an exciting new play format for teaching tennis, designed to bring kids, ages 3-6 years old, into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. With this program your child will be taught the basics that will help them develop hand-eye coordination and proper movement. Most importantly, your child will have fun. Our program continues for older children as well, where they will be taught all the fundamentals of tennis. All children will be transported from Park East and to their homes by a counselor monitored van and kosher snacks will be provided.

Participants: Tiny Tots - 3-6 year olds / K -8
Instructor: City View Racquet Club
1:30 - drop off
Cost: \$675

Ballet: Learn the skill, grace and posture of ballet. This intro to ballet will last a lifetime and also enhance fine motor skills.

Participants: K-3
instructor: Kids Fitness NYC
1:30 - 2:30
Cost: \$270

All questions may be addressed via email at:
Parkeastclubs@gmail.com

Registration Form - Please print out all information clearly!
All questions may be addressed via email at:
Parkeastclubs@gmail.com. **You will be notified by email or phone only if your child's club will not be available.**
Registration will be closed on Friday, December 18. You must have your child registered by this date!

Please register my child _____
 In grade _____ in the following clubs:

Club	Day	Fee

Total payment for the above clubs: _____

Payment may be made by **check** (made out to Park East Day School) or by **credit card**.

******Full payment must accompany registration******

Parent's Name (print): _____

Parent's Signature: _____

Address: _____

Daytime Phone: _____

E-mail: _____

CC type and #: _____ Ex: _____

Park East Day School reserves the right to cancel any club with insufficient enrollment.

There are no clubs when Park East Day School is closed.

Affiliations

Rabbi Arthur Schneier Park East Day School is delighted to present our After School Program, Act II, for nursery through grade 5 students, back for an encore year! PEDS licensed and experienced teachers will be facilitating many of our sessions. In addition, we are delighted to announce affiliations with highly acclaimed institutions that will be providing their own trained personnel and programs, as well as other popular, experienced "outside" personnel who will be joining the Park East instructor's cast.

Jason Shela founded The British Soccer Academy in 2006. It has become one of the largest and most respected youth programs in New York. Jason and his staff of professional soccer instructors will transmit their enthusiasm and love of soccer straight to your children. Jason is also the head Varsity Mens Soccer coach at Heschel High School, where former Park East students now play under his supervision and guidance. Jason is also the proud father of two students who attend Park East Day School.

White Crane Martial Arts - Sifu Eddie Klein- The Karate classes are designed specifically to teach each child on his or her grade level. They will be taught by Josh Jacobs under the auspices of Sifu Eddie Klein, a 3rd degree black belt who has been teaching Karate for 19 years and who heads various after school programs and classes throughout New York City.

City View Racquet Club is located in Long Island City, right over the 59th Street Bridge. City View Racquet Club is a luxurious 80,000 square foot tennis facility. Under professional tennis instructors, your children will be taught based on their individual skills. Proper grip, forehand, backhand, net play, serve, singles and doubles play, with the rules and etiquette will all be developed by your children.

Kids Fitness NYC was established by Elle Schindler, mother of two Park East students. She was a trainer in the Israeli Army and has adapted her knowledge into fun, children-centric programs. As a parent she understands the importance of exercise for all children and has developed many creative ways, both individual and as groups, to enhance children's physical activity.

Madeline Austine

After graduating with a B.A. in Theatre Arts, Madeline acted with the Maryland Shakespeare Festival and Folger Shakespeare Library Touring Company. She worked extensively in theatre, commercials and television, most notably as Officer Joanna Parla in *Homicide*, *Life on the Street* and as principal leads in episodes of *America's Most Wanted*. As part of the Folger Shakespeare Library company, she conducted Shakespearean workshops for students (grades K-12). She subsequently co-founded Audition Mastery with Casting Director Brette Goldstein to provide acting as well as presentation and media skills training. Her focus shifted to producing - first directing and producing live industrials for the healthcare industry and then working as a Production Assistant on the Broadway runs of *Buried Child* and *The Last Night of Ballyhoo*. She also worked closely with legendary producer, Gerald Schoenfeld and was intimately involved with the Broadway shows *Amour*, *Passing Strange*, *The Dance of Death* and *Equus* with Daniel Radcliffe. Her producing credits include: Lead Producer of the Off-Broadway play, *Maybe Baby*, *It's You* and *Stealing Sweets and Punching People* for the 2004 Summer Play Festival. She recently concluded a six-month contract as a Producing Consultant for East of Doheny on their line-up of Broadway musicals and is now working with playwright Tom Hedley on his stage version of *Flashdance* for a April 2010 opening in the West End.

Rick Reil (Guitar Program)

Rick graduated from Rutgers University and Seton Hall Law School, and is an accomplished guitarist, singer, songwriter, multi-instrumentalist and producer. Since 1989 he has been a member of The Grip Weeds, a popular psychedelic/garage/power-pop quartet which has released 4 full length CDs (3 on the Rainbow Quartz label), toured the US and Europe, and has garnered significant radio/internet airplay including several songs on Little Steven's Underground Garage radio show (and Sirius Satellite Radio) which has over a million listeners. In 2006 one of The Grip Weeds' songs, "What's in Your Mind" (written by Rick) was licensed by CBS Television to promote its critically acclaimed series "Criminal Minds" starring Mandy Patinkin. He is a founder member of My Generation Productions, a new media production company.

Deveor Rainey (Music Percussion Program)

Deveor Rainey is the founder and Executive Director of Speaking in Rhythms, has a B. A. from The City College of New York and an M.A. in Music Education from Teachers College, Columbia University. In 2001 she established the percussion ensemble as a comprehensive music after-school program at CPE 2, where she has taught music for eight years. She chose to base her music program on percussion instruments because she believes that their variety and versatility, and the relative ease with which they can be learned, provide a wonderful way for students to explore in a group such musical concepts as rhythm, melody and harmony.

Sifu Eddie Kelen
WHITE CRANE MARTIAL ARTS
27 West 72nd Street, #415
New York, NY 10023
(212) 787-5526

KARATE AFTER SCHOOL PROGRAM AT PARK EAST WINTER 09



GIVE YOUR CHILD THE OPPORTUNITY TO INCREASE HIS OR HER:

- | | |
|------------------------|-----------------|
| *SELF DEFENSE SKILLS | *CONCENTRATION |
| *STREET SMARTS | *CALMNESS |
| *PHYSICAL COORDINATION | *RESPONSIBILITY |
| *SELF-CONFIDENCE | *SELF-CONTROL |

YOUR CHILD WILL BUILD THESE SKILLS THROUGH THE USE OF:

- *MEDITATION
- *MARTIAL ARTS GAMES
- *INSPIRATIONAL KARATE STORIES
- *STRETCHES & STRENGTHENING EXERCISES
- *SELF-DEFENSE TECHNIQUES & MANEUVERS

The Karate classes are designed specifically to teach each child on his or her grade level. They will be taught by Sifu Eddie Kelen, a 3rd degree black belt who has been teaching Karate for 20 years and who heads various Afterschool programs at locations such as Ramaz, Manhattan Day School, Yeshiva Ketana, Park East and Columbia Grammar.

4s Classes will be held on Mondays, starting January 4th, 2010 in the 3rd Floor playroom. The children meet after dismissal at 2:00 PM and should be picked up from the playroom at 3:00 PM.

K-3rd Grade Classes will be held on Mondays, starting January 4th, 2010 in the 3rd Floor playroom. The children meet after dismissal at 3:30 PM and should be picked up from the playroom at 4:30 PM.

Please save the following dates for your records! Classes will meet on:
January 4, 11 Feb. 1, 8, 22 March 1 and 8.

Please fill out the attached registration form. Payment must be included.
If you have any questions don't hesitate to call Sifu Eddie at (212) 787-5526.



We look forward to welcoming back our old students and to meeting our new ones!

At the end of the school year there will be a graduation ceremony with belt promotion.

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KARATE REGISTRATION FORM PARK EAST WINTER 2010

Student Name **Last** _____ **First** _____

Street _____ Apt _____ City _____ Zip _____

Phone Home () - _____ Work () - _____ Cellular () - _____

Grade _____ Belt Level _____ Height _____ Weight _____

E-Mail address: (Please print clearly) _____

Medical Info/Restrictions (e.g. Allergies, A.D.D.) _____

Child will be picked up by _____

- **Cost:** The cost is for 7 Karate classes (@ \$25 per class).
- **Uniforms:** Every student is required to wear a complete Karate uniform (T-shirt, pants and belt). In order to have the uniforms available at the beginning of classes; please make sure to return this completed registration form as soon as possible.
- **Refunds:** A full refund will be given up to and including the 1st Karate class. A prorated refund will be given up to and including the 2nd session.
- **Observing classes:** To help the children concentrate we cannot allow any babysitters or parents in the room during sessions. You will have the opportunity to see your child perform at our Karate graduation at the end of the school year to which parents, grandparents and siblings are invited.
- Your child is only registered once we have received this filled out registration form with full payment.

Classes will meet on:

January 4, 11 Feb. 1, 8, 22 March 1 and 8.

Cost	
Registration Fee (if your child participated in the 1st semester you do not need to pay this fee again)	\$175.00r \$ 25.00r
Karate Pants	\$ 12.00r
White Crane Karate T-shirt	\$ 15.00r
Head Band (optional)	\$ 2.50r
Karate Bag (optional but recommended)	\$ 12.50r

Please make check payable and mail to White Crane Martial Arts, Inc. \$ _____ **TOTAL**

I have read and understood all of the above statements regarding cost, uniform, refunds and observing classes.